

About the Camperdown Program

The Camperdown Program is an evidence-based speech restructuring treatment developed for adults who stutter. It differs from traditional programs by teaching the fluency technique without reference to behaviors such as soft contacts and gentle onsets; instead it uses a video model. It involves no programmed instruction, formal transfer tasks or instrumentation for the counting of stutters.

This 2-day workshop is intended for speech-language pathologists with an interest in working with adults and adolescents who stutter. No previous experience will be assumed. The workshop will overview the rationale and evidence for the program. It will explain the individual concepts and techniques involved in the program and how to administer it in both group and individual formats. It will also demonstrate adaptations for adolescent populations and telehealth delivery. The format of the workshop will include presentation of relevant literature but mainly practical activities, hypothetical cases and problem-based learning.

Accommodations

Best Western Plus Emerald Isle

2306 Beacon Ave.
Sidney, British Columbia, Canada
V8L 1X2
1-800-315-3377
250-656-4441
\$159+ tax
\$119 + tax if 10 rooms booked by March 15th

****Participants are responsible for making their own reservations. When making reservations, be sure to mention that, as a participant of the Camperdown conference, you are eligible for the special BCASLPA rates.****

Questions? Concerns? Please contact us at :

BCASLPA
402-1755 West Broadway
Vancouver, BC V6J 4S5
Canada

Tel: 604-420-2222
Toll Free: 1-877-222-7572
Fax: 604-736-5606
bcaslpa@telus.net



The Camperdown Program for Adolescents and Adults Who Stutter

Presented by
Sue O'Brian, Ph.D.
The University of Sydney,
Australia



May 4 & 5, 2012

**The Mary Winspear Centre
2243 Beacon Ave
Sidney, BC
V8L 1W9
www.marywinspear.ca
(10 mins from ferry and airport)**

About Sue O'Brian

Sue O'Brian is a senior research officer at the **Australian Stuttering Research Centre** at **The University of Sydney**. She has extensive experience in the field of stuttering treatment and research. Her current interests include the design and implementation of clinical trials research for adult, adolescent and pediatric stuttering clients; the effectiveness of early stuttering intervention in community settings; and investigation of stuttering measurement. She regularly consults with community clinicians regarding the Camperdown and Lidcombe programs. She has published widely in the field of stuttering.

Learner's Objectives

As a result of this activity, the participant will be able to:

- ⇒ Identify literature and efficacy data that support the use of the Camperdown Program with adults and adolescents who stutter use the Camperdown Program
- ⇒ Implement the Camperdown Program with adults and adolescents who stutter
- ⇒ Demonstrate appropriate problem-solving strategies with other Camperdown trained clinicians

Topics Covered

- ⇒ Evidence for program processes and outcomes
- ⇒ Stuttering assessment (including assessment of anxiety)
- ⇒ Clinical skills needed to implement the program (including use of measurement scales and teaching a fluency technique from a model)
- ⇒ Teaching client skills needed for the program
- ⇒ Instating stutter-free speech
- ⇒ Problem solving with your client
- ⇒ Maintenance of treatment gains
- ⇒ Customising program for different populations
- ⇒ Hypothetical scenarios for group problem-solving

Schedule

Day 1

9:00 - 9:15	Registration
9:15 - 10:05	Overview of the Camperdown Program
10:05 - 10:35	Assessment - Group activity
10:35 - 10:55	Morning tea
10:55 - 11:15	Assessment
11:15 - 11:35	Information to give clients at assessment
11:35 - 11:55	Assessment
11:55 - 12:40	Clinical skills
12:40 - 1:40	Lunch
1:40 - 2:55	Clinical skills
2:55 - 3:10	Implementing program
3:10 - 3:30	Afternoon tea
3:30 - 5:00	Implementing program

Day 2

8:30 - 10:10	Implementing program
10:10 - 10:30	Morning tea
10:30 - 12:10	Customising the program

12:10 - 1:10	Lunch
1:10 - 2:10	Customizing the program
3:10 - 2:40	General questions
2:40 - 3:00	Afternoon tea
3:00 - 3:45	Case scenarios
3:45 - 4:00	Checklist
4:00 - 4:30	Case studies

Registration & Refund Policy

The workshop fee includes **the two-day training workshop**, handouts, and tea breaks.

Registration is limited to 25 participants.

Payment by cheque or credit card must accompany the registration form.

A \$50 processing fee will be charged if cancellations are made prior to March 15th, 2012. After March 15th, 2012 the cancellation processing fee is \$80.

The hosts reserve the right to cancel the workshop one month prior if registration is insufficient.

Space is limited - register early to avoid disappointment.



The University of Houston is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology

and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for 1.2 ASHA CEUs (Professional area, Intermediate level).