

Goals and Principles of Success During the Therapeutic Journey in Stuttering

Workshop Description:

Three primary therapeutic goals for children and teens who stutter are proposed. A new perspective on the nature of evidence-based clinical practice is provided as it relates to behavioral and cognitive change for those who stutter. The medical and common factors models are contrasted as a way of informing clinicians about therapeutic success. The characteristics of highly effective clinicians are discussed with a focus on the nature and importance of the therapeutic alliance. Clinical decision making with *rules vs. principles* is described and four basic principles of therapeutic change are proposed. The appeal and advantages of a narrative approach to therapy is discussed. The last portion of the workshop documents humor as a valuable indicator of cognitive and affective change during successful therapy.

Learner Outcomes:

As a result of attending this workshop participants will . . .

1. Develop confidence and enthusiasm for assisting children and teens who stutter.
2. Distinguish between the Medical and Common Factors models of therapeutic change.
3. Determine therapeutic success based on principles rather than rules.
4. Understand the advantages of a cognitive-narrative therapeutic process.
5. Develop a perspective of humor as an important indicator of desirable cognitive change.

Instructor:

Walt is a professor and Associate Dean in the School of Audiology and Speech-Language Pathology at The University of Memphis where he teaches courses in Fluency Disorders and Evaluating Research. He has published more than 100 articles and book chapters and has presented on many occasions to regional, national, and international audiences. He was a member of the Steering Committee of ASHA's Special Interest Division 4 (Fluency & Fluency Disorders) from 1996–2000 and served as vice chair for the Division 4 Specialty Board from 2000–2003. He is an editorial consultant for several professional journals and ad hoc associate editor for the *American Journal of Speech-Language Pathology*. Since 1997 he has been an associate editor for *The Journal of Fluency Disorders*. He is a Board Recognized Specialist in Fluency Disorders, a fellow of ASHA and has received the honors of the Tennessee Association of Audiologists and Speech-Language Pathologists. In 2008 he received the State of Tennessee Frank R. Kleffner Clinical Career Award.

Workshop Coordinators:

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Registration:

Name _____

Address _____

City _____

State _____ Zip _____

Home Phone: _____

Work Phone: _____

Email: _____

Employer: _____

Workshop Fee:

\$65.00

(\$70 after February 23, 2012)

*Confirmation will be sent via Email
Please print it carefully*

Make check payable to:

NSA – Tacoma/South Sound

(Credit cards are not accepted,
checks and purchase orders are okay)

A complimentary lunch will be served

Mail registration and payment to:

**Stuttering Workshop
c/o Haines
1320 Valley View Drive
Puyallup, WA 98372**

Comments from Prior Workshop Participants:

- "Amazing! The speaker was engaging, easy to listen to, and sensitive to our need for encouragement and perspective in this area. What an opportunity to learn from the best!"
- "Presenter was extremely knowledgeable and enthusiastic. Exceeded my expectations, would highly recommend this workshop to a colleague."
- "I very much appreciated being given tools & ideas that I can start implementing tomorrow."
- "Thank you for bringing such excellent speakers! The information was so well organized as usual!"
- "This workshop exceeded my expectations. I am also inspired to learn more and improve my skills helping students who stutter."
- "Affordable - so nice for the school SLP. Nice lunch and safe environment for the clinician to learn and ask questions."

Sponsors:

Pepsi of Tacoma
Tacoma Public Schools
Sumner School District
Olympia School District



Tacoma Public Schools will be offering 6 Washington State Continuing Education Clock Hours. Certificates of Attendance will be available for all participants, which may be used for ASHA continuing education along with other documentation.

Directions to Workshop:

- *From I-5, exit #132 to Highway 16 toward Bremerton
- *Proceed 3.2 miles west;
- *Exit to Ruston / Point Defiance
- *At end of exit, turn Left onto 6th Ave; take an immediate right toward Ruston / Point Defiance (This is Pearl Street), proceed for .8 mile.
- *Turn left onto N. Westgate Blvd. (At Rite Aid) and continue 4 blocks
- *Turn right on N. Frace Street
- *Professional Development Center is at the end of N. Frace Street.



Our goal is to improve treatment for children who stutter by providing high quality, reasonably priced workshops to SLPs on current therapy best practices. All proceeds are used to fund the 3/3/12 workshop for students who stutter and their families.

Thank you for your support!



Additional Resources:

Register now and help your students register for the FAMILY STUTTERING WORKSHOP (Saturday, March 3rd) at Larchmont School in Tacoma. This is a great opportunity for students who stutter and their families to learn more about stuttering, meet other students and adults who stutter, eat pizza and have fun! They will interact with national leaders in the area of stuttering. This is a free event. Contact the workshop coordinators for more information.

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National Stuttering Association
Tacoma/South Sound
Presents:

Walt Manning, Ph.D, CCC-SLP, BRFS
Professor and Associate Dean,
University of Memphis

Friday, March 2, 2012
8:30 a.m. to 3:30 p.m.
Registration 8:00 - 8:30 a.m.

Professional Development Center
Tacoma Public Schools
6501 North 23rd Street
Tacoma, WA